



Ursachen und Risikofaktoren der Alzheimer-Krankheit (German Edition)

Alex Stein

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Studienarbeit aus dem Jahr 2015 im Fachbereich Medizin - Epidemiologie, Note: 1,7, Rheinische Fachhochschule Köln, Veranstaltung: Studium Generale - Methoden des wissenschaftlichen Arbeitens, Sprache: Deutsch, Abstract: Das Wissen in der Bevölkerung über die Ursachen und vor allem über die Risikofaktoren, die die Entstehung der Alzheimer-Krankheit beim Menschen begünstigen, ist zumeist lückenhaft und unzureichend.

Das Ziel dieser Arbeit ist es, als Präventionsmaßnahme einen Beitrag zur Alzheimer-Aufklärung zu leisten und somit das Bewusstsein für diese Erkrankung zu schärfen. Durch die Erklärung der pathophysiologischen Prozesse im Körper und der unterschiedlichen Risikofaktoren soll der Leser sich fragen, ob er oder was er persönlich ändern kann, um seine Wahrscheinlichkeit einer Alzheimer-Erkrankung zu minimieren.

Dies ist auch die zentrale Forschungsfrage: Ist eine Alzheimer-Erkrankung vermeidbar oder lässt sie sich wenigstens hinauszögern? Wie lässt sich das Risiko einer Erkrankung minimieren oder gar ausschalten?

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