



Rewriting the Rules: An Integrative Guide to Love, Sex and Relationships

Meg Barker

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We live in a time of great uncertainty about relationships. We search for "*The One*," but find ourselves staying single because nobody measures up. The reality of our relationships is not what we expected, and it becomes hard to balance it with all the other things that we want out of life. At the same time that marriage shows itself to be the one 'recession proof' industry; the rates of separation and break-up soar ever higher.

Rewriting the Rules is a friendly guide through the complicated - and often contradictory - rules of love: the advice that is given about attraction and sex, monogamy and conflict, gender and commitment. It asks questions such as: which to choose from all the rules on offer? Do we stick to the old rules we learnt growing up, or do we try something new and risk being out on our own?

This book considers how the rules are being 'rewritten' in various ways, for example the 'new monogamy', alternative commitment ceremonies, different ways of understanding gender, and new ideas for managing conflict and break-up where economics and child-care make complete separation a problem. In this way *Rewriting the Rules* gives the power to the reader to find the approach which fits their situation.

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This Rewriting the Rules: An Integrative Guide to Love, Sex and Relationships book is not really ordinary book, you have it then the world is in your hands. The benefit you will get by reading this book is usually information inside this e-book incredible fresh, you will get details which is getting deeper you actually read a lot of information you will get. This Rewriting the Rules: An Integrative Guide to Love, Sex and Relationships without we comprehend teach the one who examining it become critical in thinking and analyzing. Don't always be worry Rewriting the Rules: An Integrative Guide to Love, Sex and Relationships can bring once you are and not make your case space or bookshelves' grow to be full because you can have it in your lovely laptop even mobile phone. This Rewriting the Rules: An Integrative Guide to Love, Sex and Relationships having good arrangement in word in addition to layout, so you will not truly feel uninterested in reading.

Tamela Campbell:

Exactly why? Because this Rewriting the Rules: An Integrative Guide to Love, Sex and Relationships is an unordinary book that the inside of the book waiting for you to snap that but latter it will zap you with the secret this inside. Reading this book beside it was fantastic author who all write the book in such wonderful way makes the content inside of easier to understand, entertaining means but still convey the meaning completely. So , it is good for you for not hesitating having this anymore or you going to regret it. This book will give you a lot of gains than the other book have such as help improving your ability and your critical thinking approach. So , still want to hold up having that book? If I ended up you I will go to the book store hurriedly.

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