



Diet for Seizures: One Child's Journey

Michael J Koski

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Watching your loved one have seizures - or having them yourself can be a very emotionally difficult thing to do. Our daughter struggled with over 100 seizures every day - even while heavily medicated (and we were scared of the medicine we were giving her). We felt helpless. We took it personal. We tried everything we could find. For us, the solution was found through Johns Hopkins, Dr. Kossoff, and the Atkins Diet. In a short period of time, the Modified Atkins Diet allowed our daughter to go off all her medication - and reduced her seizures to just 15 a day. Now, a couple years later, she is seizure and medicine free. We sincerely hope our experience will help you. Learn Answers to: - How much time is required to implement the Atkins for seizures diet? - What are some of the emotional hurdles that may be faced? - How can we get our child to eat differently than the family and her classmates? - What kind of complications and side effects may arise? - Can we still go out to eat? What about school lunch? - Where can I find financial assistance for this project? - I thought the Atkins diet is for weight loss - how can I keep my growing child from losing weight on the diet? - Why does this work? - theories behind the diets. - Recipes and resources.

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Jackie Sneller:

People live in this new day time of lifestyle always make an effort to and must have the free time or they will get lots of stress from both everyday life and work. So , if we ask do people have spare time, we will say absolutely yes. People is human not really a robot. Then we ask again, what kind of activity do you have when the spare time coming to an individual of course your answer will certainly unlimited right. Then ever try this one, reading guides. It can be your alternative in spending your spare time, the actual book you have read is actually Diet for Seizures: One Child's Journey.

Geraldine Bagley:

Playing with family in a very park, coming to see the water world or hanging out with buddies is thing that usually you could have done when you have spare time, after that why you don't try factor that really opposite from that. Just one activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you already been ride on and with addition info. Even you love Diet for Seizures: One Child's Journey, you are able to enjoy both. It is excellent combination right, you still wish to miss it? What kind of hang-out type is it? Oh seriously its mind hangout folks. What? Still don't have it, oh come on its called reading friends.

Clement Williams:

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