



Then Came Life: Living with Courage, Spirit, and Gratitude After Breast Cancer

Geralyn Lucas

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The author of *Why I Wore Lipstick to My Mastectomy* dares all women who have had a stumble in life to harness their fighting spirit and stand back up with courage and optimism.

One mastectomy, two C-sections, three pant's sizes, and lots of red lipstick later, Geralyn Lucas is dealing with the same issues as other women her age. Her miracle babies have grown into a typical tween with a fierce eye-roll for her mom's failings and a tornado of a little boy who won't play by his preschool's rules. Her storybook romance with her husband has spiraled into couples therapy and her perfect-if-demanding corporate job as a TV producer has abandoned her for L.A. When she looks in the mirror at her hard-won wrinkles, all she wants is . . . Botox.

Celebrating her sweet sixteen cancer-versary she's thankful for her second chance and ready to be daring—but can she survive life's new ups and downs with the same courage she's always had?

With an infectiously hilarious voice and a true sense of empowerment, Geralyn harnesses her fighting spirit to live life loudly and lustily, and to grab on to all the moments that might never have happened. Knowing she can only pedal forward, she mines every day for boldness, joy, and gratitude, and eventually falls in love with life again. *Then Came Life* is not just for cancer survivors; it's for life survivors—a call to rediscover the resilience and optimism it takes to reinvent yourself at any age.

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Jennifer Darby:

Information is provisions for anyone to get better life, information these days can get by anyone with everywhere. The information can be a information or any news even a huge concern. What people must be consider while those information which is from the former life are challenging to be find than now's taking seriously which one would work to believe or which one the resource are convinced. If you get the unstable resource then you have it as your main information there will be huge disadvantage for you. All those possibilities will not happen throughout you if you take Then Came Life: Living with Courage, Spirit, and Gratitude After Breast Cancer as the daily resource information.

Elizabeth Edge:

A lot of people always spent their own free time to vacation or go to the outside with them loved ones or their friend. Do you know? Many a lot of people spent they will free time just watching TV, or maybe playing video games all day long. If you wish to try to find a new activity that's look different you can read some sort of book. It is really fun for yourself. If you enjoy the book that you simply read you can spent the whole day to reading a book. The book Then Came Life: Living with Courage, Spirit, and Gratitude After Breast Cancer it is rather good to read. There are a lot of people who recommended this book. We were holding enjoying reading this book. In the event you did not have enough space to bring this book you can buy typically the e-book. You can m0ore effortlessly to read this book through your smart phone. The price is not too expensive but this book provides high quality.

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Is it you actually who having spare time after that spend it whole day by watching television programs or just telling lies on the bed? Do you need something new? This Then Came Life: Living with Courage, Spirit, and Gratitude After Breast Cancer can be the response, oh how comes? A fresh book you know. You are and so out of date, spending your time by reading in this completely new era is common not a geek activity. So what these publications have than the others?

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