



Fork on the Road: 400 Cities/One Stomach

Mark Decarlo

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A seasoned comedian's love letter to America's food curiosities the regional cuisines, the culinary oddities, the weird and the wonderful

"Mark DeCarlo is a [modern-day] Groucho Marx." —PEOPLE

Whether it be fish ice cream, kudzu tempura, or even sausage, Mark DeCarlo always wonders, "Who the hell thought to eat this stuff the first time?" We find out in this hilarious celebration of the genesis of America's most creative and idiosyncratic food traditions, and the people who keep these food traditions alive.

Join the master comedian on his journey across the United States to visit these people and their foods in their natural habitats—places like the French Quarter of New Orleans, lush Maui resorts, and the Annual Road Kill Cook-off Festival in West Virginia. From the obvious and beloved (Buffalo wings, Boston clam chowder, hush puppies, and strawberry shortcake) to the bizarre and, well, beloved by some (Rocky Mountain oysters, fried rattlesnake, scrapple, and deep fried Twinkies), DeCarlo takes readers on a rollicking tour of the people and places behind America's greatest food inventions.

Each chapter features the story behind a particular food (moosehead soup, anyone?) and the people who love it. Signature recipes, snapshot photos from the road, along with "Road Rules" on how to discover the real America all spice up the travelogue. It's a love letter to America's culinary curiosities, providing armchair travelers with a tour of the wackiest and kitschiest food festivals, delicacies, and people this country has to offer.

FROM THE AUTHOR'S FOREWORD

Consider the oyster. Unopened, dirty, and habitually covered with muddy, green crap. If you didn't know that it was hollow and contained a tasty glob of salty protein, would you ever guess that this rock was edible?

Well . . . somebody did. Deep in the recesses of time, some caveman or beach-dwelling ape not only discovered that oysters aren't rocks . . . but that they're tasty—as long as you've got Tabasco and a date for the night. But for every 'oyster,' success story, there are thousands of casualties that will forever remain unknown. History is written by the survivors.

A Fork on the Road celebrates those survivors and their progeny: It's about the kinds of people who will spend 30% of their yearly salary building a BBQ Trailer with a homemade logo painted in flames on the side just to win a \$50 contest 500 miles from home. It's about the third generation pie maker who is as dull as a hammer until the conversation comes around to "cracker" versus "pastry" shells. It's about the millions of people around the country who call themselves 'foodies'—as if the rest of us exist simply on air and water...

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From reader reviews:

Deborah Green:

Do you have favorite book? In case you have, what is your favorite's book? Book is very important thing for us to be aware of everything in the world. Each publication has different aim or even goal; it means that e-book has different type. Some people truly feel enjoy to spend their the perfect time to read a book. They may be reading whatever they acquire because their hobby is actually reading a book. What about the person who don't like studying a book? Sometime, particular person feel need book when they found difficult problem as well as exercise. Well, probably you will need this Fork on the Road: 400 Cities/One Stomach.

Harry Keller:

Playing with family in the park, coming to see the marine world or hanging out with close friends is thing that usually you could have done when you have spare time, in that case why you don't try point that really opposite from that. Just one activity that make you not experience tired but still relaxing, trilling like on roller coaster you are ride on and with addition of knowledge. Even you love Fork on the Road: 400 Cities/One Stomach, you could enjoy both. It is good combination right, you still want to miss it? What kind of hang type is it? Oh seriously its mind hangout guys. What? Still don't understand it, oh come on its named reading friends.

Hazel Fletcher:

What is your hobby? Have you heard this question when you got scholars? We believe that that question was given by teacher for their students. Many kinds of hobby, Every individual has different hobby. And you also know that little person such as reading or as reading become their hobby. You need to understand that reading is very important and book as to be the factor. Book is important thing to incorporate you knowledge, except your personal teacher or lecturer. You will find good news or update with regards to something by book. Amount types of books that can you decide to try be your object. One of them are these claims Fork on the Road: 400 Cities/One Stomach.

Patrick Garcia:

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