



Grief and Trauma in Children: An Evidence-Based Treatment Manual

Alison Salloum

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Grief and Trauma in Children provides easy-to-implement, ready-to-use therapy materials to help busy practitioners use grief and trauma interventions in real-world settings. All interventions in the book have been developed and researched with clinicians who faced challenging environments, including devastating natural disasters, and in communities where ongoing violence victimized children directly. Even in these stressful environments, clinicians found the interventions easy to implement, effective in helping children acquire coping skills, and effective in decreasing traumatic symptoms in order to proceed with grieving without impaired functioning. ?

Grief and Trauma in Children blends cognitive-behavioral therapy methods and narrative practices to present an integrated grief and trauma model that can be delivered individually, to a group of children, or to a family. The book uses the Draw, Discuss, Write, Witness (DDWW) method to help children explore narratives of resilience and build coping capacity, engage in restorative stories about what happened, and reconnect and reengage in meaningful ways that allow the child to enjoy life again and get back on-track developmentally. *Grief and Trauma in Children* also provides up-to-date research on childhood bereavement and trauma, a brief description of the theoretical framework of the Grief and Trauma Intervention (GTI) model, a description of session-by-session goals and activities, case examples with ways to address common challenges, and photocopyable tools for clinicians to easily implement the model, such as session agendas, fidelity checklists, handouts for parents, and activity sheets for children.

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