



Power Brain Kids: 12 Easy Lessons to Ignite Your Child's Potential

Ilchi Lee

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According to author Ilchi Lee, every child possesses a marvelously capable brain. Using its full capacity is simply a matter of accessing and supporting the rich potential that lies beneath the surface. In *Power Brain Kids*, you will find a child-appropriate and parent-friendly guide to Lee's world-renowned Brain Education (BE) method. Each lesson focuses on a particular aspect of mental ability, including concentration, creativity, memory, and emotional control. Through the book, straight-A and struggling students alike will be challenged to apply full brain capacity toward the creation of a genuinely happy and successful life. *Power Brain Kids* features colorful design and full-color photography to help keep your child interested and involved with the lessons. Let our charming group of *Power Brain* youngsters demonstrate correct posture while your kids build flexibility and strength. In addition, the brain-building exercises and games will provide hours of constructive fun for you and your child. *Power Brain Kids* is perfect for any teacher or parent of children ages 6-12. In twelve simple lessons, help your child: * Develop better concentration. * Improve memory skills. * Gain tools for emotional self-control. * Activate creativity and imagination. * Establish connection between mind and body. * Cultivate confidence and self-discipline.

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