



The Occasional Vegetarian: 100 Delicious Dishes That Put Vegetables at the Center of the Plate

Elaine Louie

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“This outstanding volume proves that vegetables can steal the show.”

—*Publishers Weekly*

“Lovers of good food have enjoyed Elaine Louie’s column, ‘The Temporary Vegetarian,’ for the chef-created recipes and omnivore-approved dishes. Now all the recipes are in one place, making this book a valuable asset for any cook, regardless of diet style.”

—**Robin Asbell, author of *New Vegetarian***

In *The Occasional Vegetarian*, Elaine Louie provides pieces from her popular *New York Times* column, “The Temporary Vegetarian,” which features recipes from a wide variety of chefs who reveal the vegetarian dishes they like to cook at their restaurants and at home. You’ll find a recipe for cranberry bean and kale soup from one chef’s mother; an almond grape “white” gazpacho recipe brought back from Catalonia, Spain; and an endive cheese tart inspired by a Frenchwoman who one cook and his wife met aboard a train.

Other tempting recipes include Catalan-Style Radicchio and White Beans; Persian Herb Frittata; Corn Fritters; *Chana Punjabi* (Chickpea Stew); Leek Tart with Oil-Cured Olives; Fragrant Mushroom Spring Rolls, Wrapped in Lettuce Cups; and Sugar Snap Pea Salad. Louie proves that cooking meat-free is not only easy, but also incredibly tasty and satisfying.

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From reader reviews:

Katherine Anderson:

Spent a free a chance to be fun activity to try and do! A lot of people spent their leisure time with their family, or their friends. Usually they accomplishing activity like watching television, planning to beach, or picnic from the park. They actually doing ditto every week. Do you feel it? Do you need to something different to fill your own personal free time/ holiday? Could be reading a book could be option to fill your free of charge time/ holiday. The first thing that you will ask may be what kinds of reserve that you should read. If you want to try look for book, may be the guide untitled The Occasional Vegetarian: 100 Delicious Dishes That Put Vegetables at the Center of the Plate can be excellent book to read. May be it is usually best activity to you.

Dorinda Kling:

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