



Fast Metabolism Diet Recipes vs. Super Shred Diet: 2-in-1 Box Set with 105 Recipes for Body Cleanse, Fat Detox, Flawless Metabolism and FAST Weight Loss in 28 Days!

Olivia Gonzalez

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SUPER SHRED DIET RECIPES IS IDEAL EVEN FOR BEGINNERS

SUPER SHRED DIET RECIPES: MEAL

Well over **25 proven SUPER diet Meals** for your 4 weeks fast weight loss goal

SUPER SHRED DIET RECIPES: SMOOTHIES

Well over **25 proven SUPER diet Smoothies** for your 4 weeks fast weight loss project

SUPER SHRED DIET RECIPES: SOUP

Over **25 SUPER diet Soups** with proven results for your 4 weeks fast weight loss action-plan

Your Fast Metabolism Diet Recipes

With Delicious & Healthy Recipes for Beautiful Body, Great Shape and 28 days FAST Weight Loss !

This Recipe book contains over 40 Fast Metabolism Recipes to help improve your metabolism

This Recipe book is for lovers of the Fast Metabolism Diet Regimen proposed by Haylie Pomroy

Inside this Recipe book you will find:

1. 40 plus mouthwatering recipes that will help you attain beautiful, sexy body and great shape within 28 days.
2. How the Fast Metabolism diet recipes contained in the pages of this Recipe book will help you to nourish your body; to help your body burn any unhealthy fat.
3. Your metabolic hormones will come alive with this diet plan!

I approve fast metabolism diet will make you lose weight fast in 28 days!

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