



FISH & MORE: FISH AND SEAFOOD TO GRILL OR COOK

Valéry Drouet

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The very best that the oceans have to offer comes to your plate! Fish and seafood are a cook's dream. Easy, savory, versatile, it is even brain food. FISH & MORE offers a selection of 60 fuss-free, contemporary recipes for the plancha grill and stove. Want to master the art of cooking cod with chorizo and manchego cheese? Or trout croquettes with wasabi? This book will tell you how to combine the freshness of fish and seafood with special ingredients to transform simple meals into feasts for gourmets. Tips on sauces and side dishes round off this ideal companion for fish fans and fishionados.

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