

Food Artisans of the Okanagan: Your Guide to the Best Locally Crafted Fare

Jennifer Cockrall-King



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The food lover's guide to finding the best of the best in the vibrant Okanagan.

Discover the edible delights of the Okanagan with profiles on more than 125 farm-to-table chefs, bakers, beekeepers, orchardists, farmers, market gardeners, butchers and charcutiers, fisherpeople, coffee roasters, distillers, craft brewers, chocolatiers, millers, foragers, cheesemakers, fishmongers, and producers of fine craft foods and drink. The valley is absolutely bursting with delicious creations, and this self-guided tour is the best way to find them.

Complete with full-colour maps of the area's sub-regions (for the North Okanagan, Central Okanagan, South Okanagan, and the Similkameen), and complete contact information so you can visit farmgate shops or local markets, this is a must-have book for both locals and tourists.

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