



# Bottoms Up!: Toasts, Tales & Traditions Of Drinking's Long History As A Nautical Pastime

*Robert McKenna*

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From the "sun's over the yardarm" to being "three sheets to the wind," Bottoms Up! is a sandbar-hopping voyage through the centuries of toasts, quotes, slogans and sayings that mark drinking's age-old relationship with sailors and the sea.

Robert McKenna has spent years collecting hundreds of nautical-related drinking phrases and utterances. Here he distills them, stirs them with fun facts, and offers them up with amusing anecdotes to celebrate in high style this grandest of all maritime traditions.

So "splice the main brace" and make a splash at your next event (so to speak). Just don't lift a glass...raise one! Hoist the gin pennant, dress ship, set your blenders to mix and charge your glasses and offer a tribute to King Neptune.

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