



# Meditative Mandala Stones: Create Beautiful Designs while Relaxing and Focusing

*Maria Mercedes Trujillo Arango*

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**Create beautiful art and find peace of mind with *Meditative Mandala Stones*.**

Used for centuries across different cultures and religions, a "mandala" is often used as an aid to meditation. The earliest forms of this art date back to the Stone Age where it is said they were used to represent nature's cycle and were, of course, found on stone!

Meditative Mandala Stones kit will teach you to draw both ancient symbols and modern mandalas to alleviate feelings of stress and foster your creativity. You will learn to create spiritual mandalas, nature inspired mandalas, animal mandalas, and so much more! This kit includes:

- 2 large river stones
- 4 metal calligraphy/drawing tips
- wooden holder for the metal drawing tips

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