



The Healing Effects of Energy Medicine: Memoirs of a Medical Intuitive

Shannon McRae

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The Healing Effects of Energy Medicine: Memoirs of a Medical Intuitive Shannon McRae

In this book, Shannon McRae, a gifted clairvoyant and healer, weaves case stories with cutting-edge science to describe her remarkable work with clients at the cellular level, from healing a headache and repairing an eardrum to removing cancer and alleviating depression.

Working in the tradition of Dora Kunz and Delores Krieger, cofounders of Therapeutic Touch, McRae emphasizes the importance in healing of positive thought, forgiveness, and the patient's letting go of emotional pain and resistance to health. Each of her examples is instructive, and each gives hope, no matter what the physical or mental condition might be. The epilogue shares Shannon's insights about life after death and the realm of unseen helpers. This first-person account of a renowned medical intuitive describing her experiences in helping people heal is aimed at everyone interested in alternative health in general and energy medicine in particular.

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