



## The Smart Stepmom: Practical Steps to Help You Thrive

Ron L. Deal, Laura Petherbridge

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In today's complicated stepfamily, the stepmom often doesn't know where to turn for help. Let stepfamily expert Ron Deal and experienced stepmom Laura Petherbridge show you how to survive and thrive as a stepmom, including:

How to be a positive influence on children who are torn between loyalty to their biological mom and to you.

What to do when you feel ostracized, rejected, or lonely.

When and how to step back during conflict and let your husband take the lead.

How to handle holidays, adult stepchildren, between-home communication, and much more.

Here is the hope, encouragement, and practical information to assure you that you are not alone in the stepmom journey.



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