



Bipolar Disorder For Dummies

Candida Fink, Joe Kraynak

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Understand the realities of bipolar disorder

When one receives the diagnosis that they or a loved one has bipolar disorder, it can be a time of fear and worry. *Bipolar Disorder For Dummies*, 3rd Edition explains the brain chemistry behind the disease and covers the latest medications and therapies. You'll get reassuring, sound advice and self-help techniques that you and your loved ones, including kids and teens, can use to ease and eliminate symptoms, function in times of crisis, plan ahead for manic or depressive episodes, and feel a whole lot better. This new edition will include new and updated content on genetics, biochemistry, and imaging studies relevant to bipolar, expanded coverage on how to handle the high costs of treatment, and supporting a loved one (who may not want help, medications and treatment options, including DSM-5, ECT, and TMS along with new coverage on special populations (how bipolar affects different groups, like women and various ethnic groups and special populations, like seniors and expectant moms.

Bipolar disorder, which has also been called manic-depressive illness, is a brain disorder that causes unusual mood swings and shifting energy levels. The symptoms of bipolar disorder can, if not understood and handled properly, wreak havoc on personal and professional relationships. Though bipolar disorder is a serious condition, it's one that can be treated! With a firm understanding of what you're dealing with, you can navigate your way through the challenges of bipolar disorder, whether you or a loved one suffers from this illness.

- Recognize the warning signs of mania and depression, which may point to bipolar disorder
- Understand where to find the latest treatment options
- Stay on track with personal and professional aspects of life
- Effectively and compassionately respond to rants, depression, mania, and other behaviors associated with bipolar disorder

Bipolar Disorder For Dummies, 3rd Edition offers straightforward, reassuring information about bipolar disorder to help you or your loved one conquer the disease.

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Paul Williams:

In this 21st one hundred year, people become competitive in each way. By being competitive today, people have do something to make all of them survives, being in the middle of the actual crowded place and notice by surrounding. One thing that at times many people have underestimated that for a while is reading. Yep, by reading a reserve your ability to survive enhance then having chance to stand up than other is high. In your case who want to start reading some sort of book, we give you that Bipolar Disorder For Dummies book as beginning and daily reading publication. Why, because this book is usually more than just a book.

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