



Skin Diseases (By Appointment Only)

Jan de Vries

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In this latest book in the 'By Appointment Only' series, Jan de Vries deals with the ever increasing problems of skin diseases. Drawing on over 35 years' experience, he writes about causes, effects and ways of alleviating irritating and sometimes disfiguring problems. In *Skin Diseases* Jan de Vries deals with everything from acne, allergies and dermatitis, to the latest developments in the treatment of psoriasis. He explains why infantile eczema is so much more prolific now and how it can be helped by simply eliminating cow's milk from the diet. He discusses some of the more obscure fungal conditions which are prevalent in today's society, explains why there is such a high incidence and how these can be overcome by simple herbal remedies and naturopathic treatment in the home. This book is essential reading for anyone who has suffered from any irritating skin condition, and generally offers sensible guidelines for healthier living.

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