



Why Winners Win (Motivational)

Art Garner

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This is a special book about special people-Winners. Their attitudes can change the status quo; their fortitude helps them to climb mountains and endure tremendous burdens; they set their eyes on their goals and don't waver. The good news is you can be a Winner, too. What it takes to be a Winner can be learned. In this revised edition, Dr. Garner shows the reader the qualities, attitudes, and actions that will put one on the road to becoming a real Winner. Blending inspirational vignettes with humor, Garner takes the reader in hand and demonstrates how to acquire that shape attitudes, hone specific skills, and open previously locked doors to an exciting life of achievement. Included are chapters designed to dramatically alter one's view of oneself, one's thought patterns, and one's personal expectations. Garner teaches an effective method of motivation and shows how visualizing a goal is essential to reaching it. Among the key chapters are "Your Most Important Quality," "Keeping Your Hot Button Hot," "What You Set Is What You Get," as well as an all-new chapter entitled "Releasing Your Untapped Potential." To start any journey, one must take the first step. To become a Winner, begin with this book. Each chapter is followed by a section called "Wisdom for Winners"-pithy, commonsense guidelines to keep the would-be achiever on the upward path. Action sheets are provided to assist in charting progress.

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Herbert White:

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