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Now, for the first time, readers will find full coverage of muscle anatomy, physiology, diagnosis, imaging, treatment, rehabilitation, and prevention in one comprehensive volume, including a new terminology and classification system based on the groundbreaking 2011 Munich consensus conference of international sports medicine experts.

At a time when sports-related muscle injuries have increasingly become the focus of research and clinical studies this book makes an enormous contribution to the field. It is essential reading for all sports medicine physicians, residents and fellows, physical therapists, coaches, and other practitioners involved in caring for athletes.

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