



Enhancing Self-esteem in the Classroom

Denis Lawrence

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Praise for the first edition:

`The underlying philosophy of this practical book is that raising self-esteem in pupils (including dyslexics) will lead to achievement of higher academic results and fewer behaviour problems. This book is primarily for primary and secondary teachers but would provide much material for discussion among SpLD teachers, given the unexpected and controversial results of Denis Lawrence's research' - *Dyslexia Contact*

`Many useful suggestions offered in this book about learning activities are likely to help pupils to feel better about themselves, to learn to respect others and to experience how feelings can be expressed safely' - *British Journal of Special Education*

Raising self-esteem in pupils can lead to the achievement of higher academic results and fewer behavioural problems. Outlining in simple terms what self-esteem is and providing strategies to support it in the classroom, this book includes clear explanations of the terminology and theory behind self-esteem, and lots of practical examples and useful activities for use with children.

The book also covers the main issues surrounding the self-esteem of practitioners. It sets out tried-and-tested strategies that teachers can use to recognise and reduce stress and maintain their self-esteem.

This new edition has been fully updated and now includes new case study material and activities.

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