

# I Promise: How Five Commitments Determine the Destiny of Your Marriage

Gary Smalley

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Make your marriage the safest place on earth.

Of all the best-selling books and award-winning videos Dr. Gary Smalley has produced for couples, *I Promise* is his most important and most revolutionary work ever. A decade of focused research has brought him to this startling new conclusion: Great marriages are built on a foundation of trust, not behavioral skills.

So not only is a harmonious, long-lasting relationship within every couple's grasp, but emotional security is the cornerstone for the relationship you've always wanted. That means you don't have to be a relationship guru to connect deeply with your spouse after all! You simply need to feel secure in your marriage – and to help your spouse do the same. Then the best relationship possible will happen naturally.

Creating security is easier than you think. It takes only five simple promises to each other. Promises you can most certainly make – promises this book will equip you to keep.

Writing in his trademark style, Dr. Smalley delivers a lifetime of information, true experiences, encouragement, and wisdom for anyone who wants their marriage to be not just safe, but the safest place on earth.



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