



Long Distance Triathlon Memoir 2

Jason Pegler

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Have you ever achieved something that you once thought was impossible? Go on have a think for a moment... Yes you have... Of course, you have... Everyone has... I hope... Think back to how you achieved it? You had to actually take the first steps and actually do it. I bet you didn't just daydream about it or you would never have achieved it. I first saw the ultimate one-day endurance event - the Ironman on television in 1984 when I was 9 years old. I thought that one day I would do it and completely forgot about the event until July 2012 when by chance I bumped into an Ironman veteran and saw a once in a lifetime opportunity staring me in the face. In my memoir Long Distance Triathlon Memoir - How I Became a Man of Iron with 11 Months training I described how I went from a complete novice to Ironman and completed my first Ironman in Klagenfurt in July 2013. That book ends with me finishing Klagenfurt safely and deciding I wanted to enter another Ironman event the following year Ironman Frankfurt. I vowed to be a better athlete the following year. Find out if I achieved my goals in my new book 'Long Distance Triathlon Memoir 2'

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Corinna Edwards:

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