



Self-Regulation: A Family Systems Approach for Children with Autism, Learning Disabilities, Adhd & Sensory Disorders

Rondalyn Varney Whitney PhD OTR/L, Wendy Pickren Ms Otr/l

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Building strong skills for self-regulation and improving quality of life for families is the focus of this revolutionary book on sensory-sensitive learning for children who struggle with common activities of daily living.

Using a metaphor of building a house, Rondalyn Whitney and Wendy Pickren guide you through strategies to balance the scales of sensation with collaboration, critical reasoning and problem solving. Activities, recipes, case studies, unique worksheets and journal logs incorporate a WISER approach to resolving disruptions in functional development and creating optimal outcomes.

WISER Approach:

W—What is the problem we need to solve?

I—Isolate what you know and what you need to know

S—Strategy: Give one a try

E—Evaluate whether your strategy solved the right problem

R—Reflect on what you now understand

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From reader reviews:

Eileen Lopez:

Book is to be different for each and every grade. Book for children until adult are different content. As you may know that book is very important for all of us. The book Self-Regulation: A Family Systems Approach for Children with Autism, Learning Disabilities, Adhd & Sensory Disorders ended up being making you to know about other information and of course you can take more information. It is rather advantages for you. The publication Self-Regulation: A Family Systems Approach for Children with Autism, Learning Disabilities, Adhd & Sensory Disorders is not only giving you considerably more new information but also being your friend when you feel bored. You can spend your spend time to read your reserve. Try to make relationship while using book Self-Regulation: A Family Systems Approach for Children with Autism, Learning Disabilities, Adhd & Sensory Disorders. You never really feel lose out for everything should you read some books.

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Tony Reed:

A lot of people always spent their free time to vacation or perhaps go to the outside with them loved ones or their friend. Were you aware? Many a lot of people spent these people free time just watching TV, or playing video games all day long. If you need to try to find a new activity this is look different you can read the book. It is really fun for you personally. If you enjoy the book which you read you can spent 24 hours a day to reading a reserve. The book Self-Regulation: A Family Systems Approach for Children with Autism, Learning Disabilities, Adhd & Sensory Disorders it is rather good to read. There are a lot of those who recommended this book. These people were enjoying reading this book. When you did not have enough space to deliver this book you can buy typically the e-book. You can m0ore easily to read this book from a smart phone. The price is not too costly but this book provides high quality.

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