



Low Calorie Desserts Cookbook: Delicious, Low Fat Deserts Under 160 Calories

Michelle Bakeman

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Who doesn't love dessert? It's one of the best meals of the day. Unfortunately, many desserts are high in fat, sugar, and most of all calories. With the Low Calorie Desserts Cookbook, you will be able to enjoy delicious and mouthwatering desserts without the guilt of consuming too many calories. Dive into a recipe book filled with outstanding, simple, and easy guilt-free recipes today!

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