



# Parenting Your Internationally Adopted Child: From Your First Hours Together Through the Teen Years

*Patty Cogen*

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## **Parenting Your Internationally Adopted Child: From Your First Hours Together Through the Teen Years** Patty Cogen

In this book, child and family therapist Patty Cogen, M.A., Ed.D. guides parents in promoting an internationally adopted child's social and emotional adjustment, explaining how to help a child adopted between the ages of six months and five years bond with his or her new parents, become a part of the family, and develop a positive self-image that incorporates both American identity and ethnic origins. Other topics include how (and why) to tell the child's story from the child's point of view; how to handle sleep problems and resistance to household rules; and how to encourage eye contact, ease transitions and separations, and deal with problematic anniversaries (birthdays, adoption day, Mother's Day). With advice on language and school difficulties and the development of self-control and independence, Cogen guides adoptive parents from the initial meeting through their child's teen years. It's an indispensable resource, not only for parents, but also for therapists and educators who work with adopted children.

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Playing with family inside a park, coming to see the coastal world or hanging out with friends is thing that usually you may have done when you have spare time, in that case why you don't try factor that really opposite from that. One particular activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love Parenting Your Internationally Adopted Child: From Your First Hours Together Through the Teen Years, you may enjoy both. It is great combination right, you still desire to miss it? What kind of hangout type is it? Oh occur its mind hangout guys. What? Still don't get it, oh come on its named reading friends.

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